

NATIONAL MASTITIS COUNCIL RESEARCH COMMITTEE REPORT

BOVINE MASTITIS PATHOGENS AND TRENDS IN RESISTANCE TO ANTIBACTERIAL DRUGS

Subcommittee of the NMC Research Committee
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Introduction

Bovine mastitis is the single most common cause for antibacterial use in lactating dairy cattle (18, 24). Treatment of this disease is also the most common cause of illegal antibacterial residues in marketed milk (10). Antibacterial therapy of bacterial-induced diseases in cattle has been incriminated as a catalyst for resistance in bacteria isolated from treated animals, other animals within the herd, and food derived from cattle for human consumption (2, 15, 30, 37, 41). Additionally, antibacterial use has been suggested as a selective force in determining the bacterial ecology of bovine mastitis (25). Numerous studies have determined the antibacterial susceptibility patterns of mastitis pathogens isolated from clinical studies or submissions to diagnostic laboratories (1, 3, 6, 7, 8, 9, 12, 22, 23, 27). Overall, susceptibility patterns for various bacteria are similar between studies, but few studies have compared trends in susceptibility patterns over a period of several years from the same laboratory and geographical region (11, 20, 21, 26).

The purpose of this document is to present a position regarding the resistance of mastitis pathogens isolated from dairy cows to antibacterial drugs. Key questions investigated are: 1) after four decades of antibacterial drug use in dry cow and lactation therapy, does scientific data exist to demonstrate emerging antimicrobial resistance in mastitis pathogens; and, 2) does scientific data exist that supports the need for systematic change in dry cow therapy to prevent the development of resistance of mastitis pathogens against antibacterial drugs within a herd.

Evidence of Emerging Antimicrobial Resistance

Overview of Literature

Resistance of bacteria to antibacterial drugs was first reported soon after antibacterial drugs were accepted for use in both human and veterinary medicine. Articles describing antibacterial resistance patterns among bovine mastitis pathogens have been published for more than thirty years. To determine if the resistance is emerging, or progressing, ideally the resistance observed historically would be compared with that of the present. Unfortunately, the continuity between studies for this comparison is tenuous at best. Most studies have reported susceptibility data determined from the disk diffusion (Kirby-Bauer) method. However, differences among specific techniques used to test isolates by the disk diffusion method do not allow valid comparisons among studies. Other studies reported susceptibility data obtained from serial broth dilution or minimal inhibitory concentration (MIC) testing. Additionally, numerous studies did not offer data by bacterial species, often grouping coliforms and streptococci together. As can be seen

from Table 4 (29, 31), a 30-fold difference in MIC values among species of streptococci for the same drug can exist. The proportion of resistant isolates identified by disk diffusion methods can also vary widely for the same drug when compared among streptococcal and coliform species (Tables 5 and 6). An attempt to compare results of antibacterial susceptibility among studies lacking species differentiation can lead to erroneous assumptions. Therefore, studies lacking delineation of species were not used in the assessment of emerging resistance.

Staphylococcus aureus

The most extensive antimicrobial resistance studies involving mastitis isolates have investigated *Staphylococcus aureus*. Jones, et al. (17; Table 1) noted over thirty years ago *S. aureus* isolates had relatively high MIC values for penicillin and ampicillin, and implied this was because of Beta-lactamase inactivation of the drugs. Beta-lactamase production is induced in some bacteria when exposed to Beta-lactam drugs. The importance of continued Beta-lactamase related resistance in *S. aureus* was underscored by the Watts and Salmon (40; Table 1) report of higher MIC values for isolates that produced this enzyme as compared with isolates that did not. No evidence exists to suggest that this adaptation of *S. aureus*, or resistance to other classes of antibacterial drugs, is any different from those noted thirty-five years ago. The MIC values (Tables 1 and 2) and disk diffusion results (Table 3) demonstrate ampicillin and penicillin are consistently the antimicrobial drugs to which *S. aureus* are most commonly resistant. However, comparing values within the tables from one time period to another should be avoided. Any comparison of this kind should be done with skepticism because of the differences in geography, numbers of isolates used within a study, and inconsistencies in laboratory methods. As an example, two studies performed in the same year by Costa, et al. (5) and Gentilini, et al. (14) reported the proportion of oxacillin resistant strains of *S. aureus* as 42.0 and 0%, respectively (Table 3). Interestingly, MIC values measured for isolates from the mammary gland of heifers (Table 2) do not vary from those for isolates obtained from cows, despite the fact that isolates from heifers would likely have had little previous exposure to antibacterial drugs.

Staphylococcus aureus are common causes of bacteraemia in humans (19). Among the different strains involved, the sources of major concern are the methicillin-resistant *S. aureus* (MRSA) and vancomycin resistant *S. aureus* (VRSA). MRSA strains emerged as early as 1961, and became a major concern for hospital epidemics in many countries. VRSA strain emerged in 1996 from MRSA strains a few years after introducing vancomycin in human therapy (16, 19). MRSA strains often express another resistance gene called *emr* which induces resistance to erythromycin. This gene has been identified in many isolates of poultry origin, but never from bovine or milk sources (38). Transmission of MRSA seems to be mediated by person-to-person transmission, and to the best of our knowledge, transmission of MRSA from bovine to humans has not been reported. A Belgian study identified MRSA resistance types in 1 to 3% of *S. aureus* isolates in the 1970's. However, these resistance types were not found in later years (1980's through 1990's) and they were also determined to be of human origin (9). Based on the scientific evidence available, the presence of MRSA strains originating from the use of lactating or dry cow therapy seems unlikely.

Other Mastitis Pathogens

The data for streptococci resistance to antimicrobial drugs are not as extensive as for *S. aureus*. Variability in drug resistance is more pronounced among individual streptococcal species than among studies. Again, the temptation to seek trends by comparing results from different studies should be avoided. For example, a wide disparity was observed between two studies performed in 2002 in the proportion of resistant isolates of *Str. uberis* for several drugs (11, 13). McDonald, et al. (22) reported virtually no resistance among strains of *Str. agalactiae* for Beta-lactam antibacterial drugs like penicillin and ampicillin. A small proportion of resistant strains were reported for these drugs 26 years later (11). However, little evidence has been reported to suggest this increase is significant. When coliform organisms were divided into *Klebsiella* and *Escherichia coli*, a marked variability in resistance to antibacterial drugs was observed between these genera, but there was a consistent pattern of resistance within species (Tables 6 and 7).

Studies Comparing Isolates Within a Geographical Region

A few studies have determined the proportion of resistant isolates over time performed at the same laboratory and geographic region. Antimicrobial susceptibility of *S. aureus* over a four-year period was determined for both clinical and subclinical isolates from British dairy cows (20). No trends over time in the proportion of resistant strains for clinical or subclinical isolates were reported. A survey of the prevalence of mastitis and antimicrobial resistance of intramammary pathogens was carried out in 1988 (17,111 quarter milk samples) and again in 1995 (10,410 quarter milk samples) in Finland (25). The proportion of isolates resistant to at least one antibacterial increased from 32 to 52% during 1988 to 1995. Of the antibacterial drugs tested on the panel, appreciable increased resistance was only observed for penicillin. Studies from Michigan (11) and Wisconsin (21) surveyed the antibacterial susceptibility results from all milk sample submissions to the respective diagnostic laboratories for the years 1994 to 2001. A trend for an increase in the proportion of *S. aureus* isolates that were resistant to any antibacterial drugs was not observed in either study. In contrast, the proportion of resistance isolates actually decreased for some of the Beta-lactam drugs. Thus, three of the four studies did not determine any appreciable difference in mastitis pathogen resistance for *S. aureus*, and of the study that did, it was primarily for Beta-lactamase susceptible drugs. In these four studies, the proportion of resistant streptococci or coliforms did not change over the duration of the studies.

The largest study of this type included a 25-year perspective of *S. aureus* mastitis isolates in Belgium (9). Percentages of strains producing penicillinase were noted to rapidly increase from 38% in 1971 to between 70 to 80 % throughout the next two decades. However, after the rapid increase in penicillinase resistance observed initially, the percentage of resistant strains has attained a plateau. In 1996 the percentage of resistant strains was reported to be 51% (9). Developing resistance was not observed for other antibacterial drug classes, including Beta-lactamase stable drugs such as the cephalosporins (9).

Assessment of Literature

Definitive conclusions on resistance patterns of mastitis pathogens are difficult given the limitations of the data presented in the literature. Logically, antibacterial resistance can be induced in most mastitis pathogens. However, as stated earlier, there is no evidence that antibacterial resistance is an emerging process in mastitis pathogens. Comparisons should not be made between studies, except to gain an overall appreciation of which classes of drugs are

more active than others. Apparently the breakpoints used to determine drug susceptibility were not identical for all studies for the past thirty-five years. Most of the studies, including those completed over a time period, report data from essentially unknown conditions with respect to farms, i.e., the number of samples from each farm, and most importantly of all, prior drug administration history of the cow that was sampled for bacterial isolation. If we are to infer developing resistance in relation to antibacterial drug therapy, the history of the drug administration, including dose, frequency, and duration must be known. Scientific evidence would also require an antibiogram before and after drug administration. Because of the quantitative nature of the data, MIC values would be preferred, with a histogram of all isolates displayed rather than just MIC values at the 50th and 90th percentile.

Need for Systematic Change in Dry Cow Therapy

Properly controlled studies have not examined the need for systematic change in dry cow therapy to prevent the development of resistance of mastitis pathogens against antibacterial drugs within a herd. Therefore, no data are evident to support such a change based on increased antibacterial drug resistance in mastitis pathogens. Berghash, et al. (2) reported that MIC levels for *Str. agalactiae* isolates were higher for herds that reported dry cow treating all cows, as opposed to herds that did not dry cow treat or only selectively treated cows. This study reiterated that strains of *Str. agalactiae* exist that may be potentially resistant to Beta-lactam antibacterial drugs. However, the drug therapy records and exposure of cows in these herds was unknown, other than the survey of dry cow therapy use. Interestingly, the MIC₉₀ for penicillin of *Str. agalactiae* strains from the herds that did not use total dry cow treatment, although lower than the other herds, was still above the breakpoint that is considered to determine susceptibility.

Conclusion

Scientific evidence does not support a widespread, emerging resistance among mastitis pathogens to antibacterial drugs. Although resistance to antibacterial drugs among mastitis pathogens has been well documented for nearly four decades, evidence has not been presented to suggest that this is either an emerging or progressing phenomenon. Controlled studies have not determined, on a pharmacodynamic basis, which drug therapeutic regimens may increase this risk, or for that matter, help to decrease it. Monitoring should be continued, preferably by studies that follow data over a course of time and not one point in time. Data derived for MIC testing would be preferred for this purpose because of a more consistent and quantitative nature compared with the disk diffusion method.

References

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41. White, D.G. 1999. Use and misuse of antimicrobials in veterinary medicine. Proc 38th Annual Meeting Natl. Mastitis Council, p.9. Table 1- Summary of studies using MIC data for *S. aureus*.

**Table 1. Summary of MIC data for *S. aureus* from dairy cows
MIC₉₀ (µg/ml)**

	Ref (29) 1997	Ref (14) 2000	Ref (17) 1967	Ref (13) 1983	Ref (8) 2000	Ref (6) 1986	Ref (40) <i>β-lact</i> (+) 1997	Ref (40) <i>β-lact</i> (-) 1997	Ref (35) 1984	Ref (33) 1987	Ref (34) 1993
Ampicillin	---	---	---	0.5	1.0	---	4.0	0.5	---	---	---
Ceftiofur	2.0	---	---	---	1.0	---	1.0	1.0	---	---	---
Cephalothin*	0.25	0.75	---	---	1.0	---	0.5	0.25	---	---	1.21
Cloxacillin	0.5	---	0.07	---		0.5	---	---	0.25	0.40	0.22
Erythromycin**	0.5	0.75	---	0.5	.5	0.5	64.0	0.5	3.28	3.46	3.21
Neomycin	---	---	---	8.0	2.0	1.0	---	---	0.41	0.55	0.39
Novobiocin	0.5	---	1.25	---		0.5	---	---	---	---	---
Oxacillin	---	0.5	---	0.25	1.0	---	1.0	0.25	---	---	---
Penicillin	0.125	1.5	> 100	0.25	.5	---	16.0	0.25	(47.8%)#	(33.3%)#	(10.1%)#
Pirlimycin	1.0	---	---	---	1.0	---	64.0	0.5	---	---	---
Streptomycin	---	---	5.0	8.0		4.0	---	---	---	---	---
Tetracycline	---	---	0.6	2.0		0.5	---	---	---	---	---

* Or cephalirin /cefoperazone

** or spiramicin

Beta-lactamase positive

Table 2. Summary of MIC data for *S. aureus* from heifers
MIC₉₀ (µg/ml)

	Ref (32) 1998 Denmark	Ref (32) 1998 New Zealand	Ref (39) 1995
Ampicillin	0.5	---	---
Ceftiofur	1.0	2.0	1.0
Cephalothin	0.5	0.5	0.5
Cloxacillin	---	0.5	0.5
Erythromycin	0.5	0.5	0.5
Novobiocin	---	1.0	0.5
Oxacillin	0.5	---	---
Penicillin	---	---	0.13
Pirlimycin	0.5	1.0	0.5
Enrofloxacin	---	0.25	0.5
Tetracycline	---	---	0.6

**Table 3. Summary of studies using disk diffusion for *S. aureus*
% of Isolates Resistant**

	Ref (27) 1988	Ref (36) 1986	Ref (9) 1971	Ref (9) 1982-83	Ref (9) 1996	Ref (5) 2000	Ref (14) 2000	Ref (25)		Ref (21) 1994-2001	Ref (11) 1994-2000
								1988	1995		
Ampicillin	7.0	54.0				83.0	---	---	---	34.9	49.6
Ceftiofur	---	---				---	---	---	---	---	0.2
Cephalothin*	0	1.0	3.5**	0**	0**	0	0	0.3	2.0	0.1	0.2
Cloxacillin	---	20.0				---	---	---	---	6.8	---
Erythromycin	0.3	6.0	3***	9***	12***	17.0	11.6	4.1	2.6	14.9	
Gentamicin	0	1.0				---	3.4	---	---	---	1.1
Novobiocin	0	7.0	0	3	1	---	---	---	---	21.8	---
Oxacillin	0	---				42.0	0	1.5	0	---	0.6
Penicillin	7.0	57.0	38**	75**	51**	75.0	40.0	31.8	50.7	32.6	40.6
Pirlimycin	---	---				---	7.7	---		13.6	2.1
Streptomycin	6.0	36.0	26	---	---	---	---	---	---	---	---
Tetracycline	0	8.0	21	8	9	17.0	---	7.0	11.7	22.6	8.5

* Or cephapirin

** Represents resistance as reported for all beta-lactamase-labile (penicillin and ampicillin) and stable (cloxacillin and cephalosporins) antibacterial drugs

*** Represents resistance reported for all macrolide drugs

Table 4. Summary of studies using MIC data for Streptococci MIC₉₀ ϕ

	Ref (3) 1990	Ref (29) 1997	Ref (31) 2002	Ref (32) 1998 Ψ	Ref (35) 1984	Ref (33) 1987	Ref (34) 1993
Ampicillin	---	---	0.5, (0.6)	2.0	---	---	---
Ceftiofur	---	0.5, (1.0)	2.0, (0.25)	1.0	---	---	---
Cephalothin*	---	0.25, (0.25)	1.0, (1.0)	8.0	---	---	0.58
Cloxacillin	---	4.0, (0.5)	---	---	0.25	0.87	0.45
Erythromycin**	$\geq 256,$ (4), 2	1.0, (0.25)	8.0, (0.12)	4.0	0.27	0.16	0.34
Gentamicin	---	---	---	---	---	3.13	3.33
Novobiocin	---	4.0, (2.0)	---	---	---	---	---
Oxacillin	---	---	1.0, (1.0)	16.0	---	---	---
Penicillin	$\leq 1,$ (≤ 1), ≤ 1	.125, \leq (0.06)	0.25, (0.6)	2.0	0.07	0.25	0.11
Pirlimycin	---	---	8.0, (0.25)	4.0	---	---	---
Tetracycline	32, (8), 0	---	16.0, (16.0)	---			
Chloramphenicol	---	---	---	---	3.27	2.50	3.30

ϕ Values listed are for ***Str. uberis***, (*Str. dysgalactiae*), and *Str. agalactiae*, respectively

* Or cephapirin/cefoperazone

** Or spiramycin

Ψ Isolates collected from mammary glands from heifers in Denmark

Table 5. Summary of studies using disk diffusion data for Streptococci

% Resistant ϕ

	Ref (22) 1976	Ref (28) 1990	Ref (31) 2002	Ref (11) 2002
Ampicillin	---	0 , (2)	7.5 , (0)	2.1 , (0.8), 2.6
Ceftiofur	---	---	6.8 , (0.7)	0 , (0), 0
Cephalothin*	0 , (0), 0	1 , (0)	2.8 , (0)	0.2 , (0.3), 0
Cloxacillin	2 , (2), 0	---	---	---
Erythromycin	3 , (0), 0	8 , (1)	6.6 , (6.6)	31.9 , (18.0), 15.4
Gentamicin	87 , (22), 100	47 , (3)	---	34.2 , (3.2), 76.9
Novobiocin	---	6 , (3)	---	---
Oxacillin	2 , (0), 0	---	1.3 , (1.3)	41.7 , (1.9), 3.8
Penicillin	0 , (0), 0	3 , (2)	49.6 , (2.0)	5.5 , (5.5), 3.9
Pirlimycin	---	---	39.1 , (7.9)	20.1 , (11), 7.1
Streptomycin	100 , (100), 100	62 , (26)	---	---
Tetracycline	2 , (63), 0	24 , (9)	72.9 , (1.7)	45.2 , (60.2), 46.2

ϕ Values listed are for *Str. uberis*, (*Str. dysgalactiae*), and *Str. agalactiae*, respectively

* Or cephalirin

Table 6. Summary of studies using MIC data for coliforms**MIC₉₀**

	Ref (35) 1984	Ref (33) 1987	Ref (34) 1993
Ampicillin	2.26	3.22	2.42
Cefoperazon	---	---	0.48
Polymycin B/E	1.53	1.88	1.01
Neomycin	1.15	1.11	0.45
Gentamicin	0.63	0.52	0.45
Chloramphenicol	5.63	5.33	2.58
Cotrimoxazole	1.42	2.87	0.64
Streptomycin	3.51	---	---
Tetracycline	1.81	---	---
Norfloxacin	---	---	≤ 0.07

Table 7. Summary of studies using disk diffusion data for coliforms

% Resistant ϕ

	Ref (23) 1977	Ref (36) 1986	Ref (11) 2002	Ref (21) 2003
Ampicillin	---	34.0 (90.0)	15.7 (98.5)	21.9 (89.1)
Ceftiofur	---	---	4.6 (14.1)	---
Cephalothin*	40.0 (20.0)	21.0 (23.0)	25.5 (4.2)	27.9 (12.1)
Cloxacillin	---	97.0 (98.0)	---	99.4 (99.1)
Erythromycin	---	91.0 (97.0)	---	99.2 (99.0)
Gentamicin	0 (1.0)	2.0 (2.0)	2.0 (0)	---
Novobiocin	---	96.0 (90.0)	---	---
Penicillin	98.0 (99.0)	98.0 (99.0)	---	99.6 (99.5)
Streptomycin	30.0 (23.0)	46.0 (52.0)	---	---
Tetracycline	85.0 (45.0)	33.0 (35.0)	33.2 (33.0)	37.4 (30.0)

ϕ Values listed are for *E. coli* and (*Klebsiella*), respectively

* Or cephalirin